

GNC Preventive Nutrition® products have been scientifically developed utilizing the expertise of the GNC Medical Advisory Board. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen. This line of products is precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns.

DEVELOPED WITH AND ENDORSED BY



ADVANCED KNOWLEDGE FOR BETTER HEALTH

The GNC Medical Advisory Board utilizes their in-depth medical knowledge and experience to aid in the creation and ongoing development of GNC products, helping GNC stay on the forefront of product innovation and delivering on our commitment to helping you LIVE WELL.

GNC QUALITY COMMITMENT For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

Sunfiber® Sunfiber® is a registered trademark of Taiyo International, Inc. Use of Sunfiber® is protected by US Trademark Registration No. 2,930,937.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



For More Information:
1-888-462-2548

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Pittsburgh, PA 15222
Made in the UK

REFRESHING CITRUS
NATURAL FLAVORS

GNC
PREVENTIVE NUTRITION®

Healthy Digestion FORMULA

PHYSICIAN FORMULATED
NUTRITION SOLUTIONS

- Features premium, clinically studied ingredients that improve digestive health, comfort & regularity*
- Replenishes beneficial bacteria for optimal digestion with clinically studied prebiotics & probiotics*
- Supports nutrient breakdown & intestinal health with digestive enzymes & glutamine*



DIETARY SUPPLEMENT
NET WT 16.4 OZ (1.02 LB) 465 G

Preventive Nutrition® Healthy Digestion Formula contains premium, clinically studied ingredients, additional key nutrients and a lifestyle program to support regularity and optimal digestive health.* This multi-action formula provides a specialized blend of prebiotics, probiotics, fiber, enzymes and herbs designed to maximize intestinal function and promote healthy digestion.*

Fiber – Includes a premium form of fiber clinically shown to improve regularity and digestive function.* Fiber increases bulk and aids transit of food through the intestines, provides relief from occasional constipation, gently cleanses the colon and helps eliminate toxins from the body.*

Prebiotics & Probiotics – Provides BiMuno®, a prebiotic ingredient clinically shown to improve the growth of healthy bacteria in the digestive tract in as little as 7 days.* It also contains 12.5 billion live, active probiotics that work to keep a healthy balance of intestinal flora by reducing the amount of harmful bacteria in the digestive tract and stimulating the growth of beneficial “friendly” bacteria.* Probiotics have also been shown to reduce bloating and stomach discomfort.*

Nutrient Absorption – Features the important amino acid glutamine, including fast-absorbing micronized glutamine.* Glutamine helps fuel the immune system, helps maintain proper intestinal function and plays a key role in cell hydration.* Also provides digestive enzymes with proven bioactivity for added digestive support.

*In a 14 day RDBPC crossover trial, with 91 individuals taking either 1.37 g of BiMuno® GOS or placebo, when taking BiMuno® subjects experienced statistically significant improvements in bloating and digestive comfort at both the 7 and 14 day time points, compared to placebo.

CODE 722412 HNG
Directions: As a dietary supplement, mix one serving with 6-8 ounces of cold water or your favorite beverage.

Scoops Per Day	Fiber	Probiotics (CFU)	BiMuno® Prebiotic	Glutamine	Suggested Use/Benefit
3	6.5 g	12.5 billion	1.4 g	2 g	<ul style="list-style-type: none"> • Everyday support for mild digestive issues • Improves regularity and fuels intestinal cells
6	13 g	25 billion	2.8 g	4 g	<ul style="list-style-type: none"> • Extra support for those with higher needs due to heightened intestinal health issues • Helps relieve constipation with 13 g of clinically proven fiber • Improves digestive comfort and bloating

Supplement Facts

Serving Size Three Scoops (15.5 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	40	
Total Carbohydrate	11.5 g	4%†
Dietary Fiber (as Sunfiber®)	6.5 g	26%†
Sodium	18 mg	<1%†

Prebiotic & Probiotic Blend

LAB4 Probiotics	12.5 Billion Viable Cells	*
<i>Lactobacillus acidophilus</i> (CUL 60)		*
<i>Lactobacillus acidophilus</i> (CUL 21)		*
<i>Bifidobacterium bifidum</i> (CUL 20)		*
<i>Bifidobacterium animalis subsp. lactis</i> (CUL 34)		*
BiMuno® Galactooligosaccharides (GOS)	1400 mg	*

Nutrient Absorption Complex

L-Glutamine (Micronized and Intact)	2000 mg	*
Enzyme Blend (Amylase, Bromelain, Cellulase, Lactase, Lipase, Acid and Alkaline Proteases)	152.5 mg	*

Digestive Support Matrix

Ginger Root Powder (<i>Zingiber officinalis</i>), Aloe Vera Extract (<i>Aloe barbadensis</i>), Aniseed Powder (<i>Pimpinell anisum</i>), Fennel Seed Powder (<i>Foeniculum vulgare</i>), Licorice Root Extract (<i>Glycyrrhiza glabra</i>), Peppermint Oil (<i>Mentha piperata</i>)	20 mg	*
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† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Potato Maltodextrin, Stevia Extract, Lemon Puree Powder, Orange Puree Powder, Citric Acid, Acacia Gum, Natural Orange Flavor, Tapioca Starch, Sodium Benzoate, Potassium Sorbate.

CONTAINS: Dairy.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.